

Start your scuba class Today!

To register for any of our courses, give us a call or come in. We will assist you with times and dates. The following three points will help simplify your registration.

- ◆ For all courses above Openwater, we will need to verify your certification.
- ◆ A deposit is required at the time of registration with the balance of the course fees to be paid by the first meeting of the class. If you need to change dates, we can transfer your registration for a small fee.
- ◆ It is expected that each student has their own basic equipment including: mask, snorkel, fins, boots and gloves. We will need to see any equipment you are planning to use for the course. We reserve the right to recommend the use of other equipment or rental equipment if we believe the equipment you intend to use is in need of service or inappropriate for the class application.



Sierra Diving Center

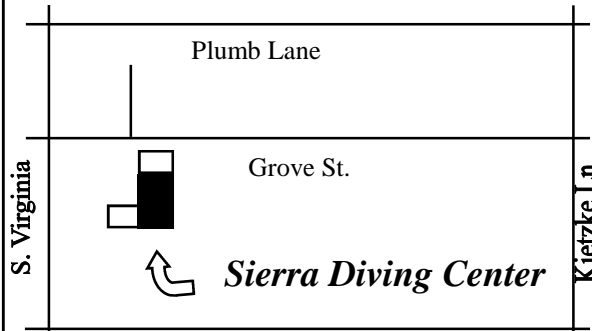
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PADI

Award Winning
5 Star Dive Center &
Instructor Development
Center

COURSE CATALOGUE



**Sierra
Diving
Center**

Visit our Website at
WWW.SIERRADIVE.COM

OPEN WATER

TREAT YOURSELF TO AN ADVENTURE!

By picking up this flyer, you have taken the first step in the adventure. When you become a certified SCUBA diver, you allow yourself the thrill and excitement of the beautiful underwater world.

From the warm waters of the Caribbean and the South Pacific and out-of-the-way places such as Micronesia, the Red Sea, Australia's Great Barrier Reef, to our home waters of Lake Tahoe, the underwater community invites you to become a part.

Having a look at this amazing and mystical community can be simple and safe with professional SCUBA training. In a matter of a few hours, you are a member of a unique group of people bonded together by the desire and excitement of visiting the other 2/3 of our world.

Central California waters surrounding Monterey are noted throughout the world for their kelp beds and underwater wildlife. Being so close to such a resource gives the beginning diver an incredible variety of places to visit.

Treat yourself to an adventure! Allow yourself a peek at "what's down there". It is an experience you won't forget.

What do I do in the course?

The course is divided into three sections; home study/class review, pool diving, and open water diving, where a logical progression of knowledge and skills are introduced. You cover a wide variety of topics from things you feel while diving, to the equipment you will use; and diving skills from how to kick, to buoyancy control.

How long is the course?

This depends on which certification course you choose. You may prefer the personalized private instruction course tailored to your individualized needs. You may also choose the more social multi-week group course. We meet Friday evening for a classroom session and that same weekend for the pool dives and review sessions. You decide whether to do your open water dives locally or on your vacation. If you decide to do the open water dives locally, you'll spend another weekend at Lake Tahoe or Monterey, CA. The certification option you choose will determine the length of the course.

How do I choose a certification option?

That's easy. Sierra Diving Center offers Private, Semi-private or Group certification options. We can help you make this choice when you sign up.

The **Private Course** is a program scheduled according to your needs and time table. It can be conducted in as little as 2-4 days, or as long as you desire. The open water dives can be conducted locally in Lake Tahoe, in the ocean, or on your tropical vacation!

The **Executive Course** is a Friday evening and one weekend for the pool dives and review. The open water dives take one weekend for all four. You choose Lake Tahoe dives monthly, Monterey periodically or on your vacation for these dives!

How do I get started?

You can "Start Today". Just come in and register for the course that you have selected. The only financial commitment you need to make is a small deposit and possibly your basic snorkeling equipment which is listed below. When you register for the course, you will receive your "PADI Diver Manual", your dive computer, Video/DVD and your diving log book.

So I need my own snorkeling equipment, what else?

Because mask, appropriate fins, snorkel, boots and gloves are personal items, it is required that you provide these yourself. This equipment is not included in the certification costs. We have this equipment available for purchase at great rates or it can be rented.

Under certain circumstances, a doctor's approval may be required. Your instructor will be sure to point this out early in the course so you won't miss any of the fun.

The fees quoted to you for the certification option include all instruction, use of the equipment in the pool, books and materials, and certification fees. So once you have your own basic equipment listed above, there are no other equipment purchase requirements.

What about open water equipment?

Many divers prefer having their own equipment prior to open water or their vacation. If you're not sure, you can rent a SCUBA PACKAGE (wetsuit, tank, regulator, BCD, and weight belt) at a special rental price for any of the certification options that you might select. This may be rented prior to each open water weekend or dive. Your rental fees can even be applied to your purchase of equipment.

If you should decide to use, or purchase, all or part of your own equipment for certification, the rental fee will decrease accordingly.

What kind of certification do I get?

When you have successfully completed the pool dives, review sessions and open water work, you will receive a **PADI OPEN WATER DIVER CERTIFICATION CARD**, which is your international ticket for diving and it is valid for life. To keep you proficient we have regular diving activities and refresher programs.

After the course, then what?

Your instructor will talk about your "Adventures in Diving" Course which would follow immediately after your Open Water Course. Additionally, your instructor will discuss a variety of Specialty Courses, Rescue, and Divemaster. We also have an activity program which sponsors a variety of trips and activities. Your instructor will give you more details during your course.



2 "DIVE TODAY" CERTIFICATION OPTIONS!

Private Course

This includes all review sessions, pool dives and choice of open water dives conducted locally or on your vacation. These are conducted at your convenience. These dives include local orientation, skill practice and underwater tour to discover the magic found only underwater at a schedule that is convenient and easy and for you to enjoy.

Your course fee includes:

- * All review sessions, pool dives and open water dives
- * Use of scuba equipment in the pool and open water
- * All videos/DVD's, books and certification materials
- * Four certification dives
- * Certification card and picture
- * Unique adventure with new found friends
- * FUN! FUN! FUN!

Executive Course

This includes one weekend for all review sessions and pool dives. A second weekend for your open water dives is also needed.. You can do your dives locally or on your vacation. These dives are conducted monthly in Lake Tahoe or periodically in Monterey, CA. You Choose which meets your needs. All dives include local orientation, skill practice and underwater tour to discover the magic found only underwater!

Your course fee includes:

- * All review sessions, pool dives and open water dives
- * Use of scuba equipment in the pool
- * All books, video's/DVD's and certification materials
- * Four certification dives
- * Certification card and picture
- * Unique adventure with new found friends
- * Lifetime of thrill and enjoyment

ADVENTURES IN DIVING

Now that you know how -- have a look at what you can do with your new skills.

The Adventures in Diving Course is designed for the Certified Open Water Divers who are ready to expand their diving skills and get more involved in the world of diving. It is also an excellent course for those newly certified divers wanting to polish newly learned skills as well as those just itching to go diving.

The Adventure Includes:

Three dives to increase your skills and abilities as well as an opportunity to meet some new dive buddies. We'll do the dives in a variety of locations and conditions. That way you'll have a choice of new adventures and places to explore. You'll also learn new skills to reduce your diving limitations and try new equipment to expand your diving options.

Adventure Dives:

Navigation	Enriched Air	U/W Videography
Altitude	Drift	Multilevel
U/W Naturalist	Night	Boat
Dry Suit	U/W Photo	Fish Identification
Buoyancy	Diver Propulsion Vehicle	

Advanced Dives:

Deep Wreck

NO CLASSROOM WORK!

The majority of the course is done at the dive site. There are no lectures or tests, just practical experience that will help you polish skills you already have and let you peek at some of the exciting activities available to you as a diver. All the experiences you are exposed to can be expanded and enhanced by enrolling in any of our Specialty Courses, **plus...** your Adventure Course dives count as your first Specialty Course dive.

YOUR "ADVENTURES IN DIVING" COURSE

is typically completed in one to two days, with three dives being conducted in Lake Tahoe and/or the surrounding mountain lakes. Choose three of the elective dives listed above and earn your Adventure Diver Certification. These dives can be applied to your Advanced Open Water Diver Certification.

OR

For those who want a little more....

YOUR ADVANCED DIVER COURSE

is conducted in as little as two to three days and is flexible to meet your busy schedule. Dives are conducted locally and/or in the ocean around Monterey. The course includes: 5 different dives, to expand your experience and enjoyment in a wide variety of diving opportunities.

DIVES: Choose a total of 3 dives from the 16 Elective dives listed and include Deep Dive and Navigation Dive for a total of 5 Adventure Dives.

CERTIFICATION

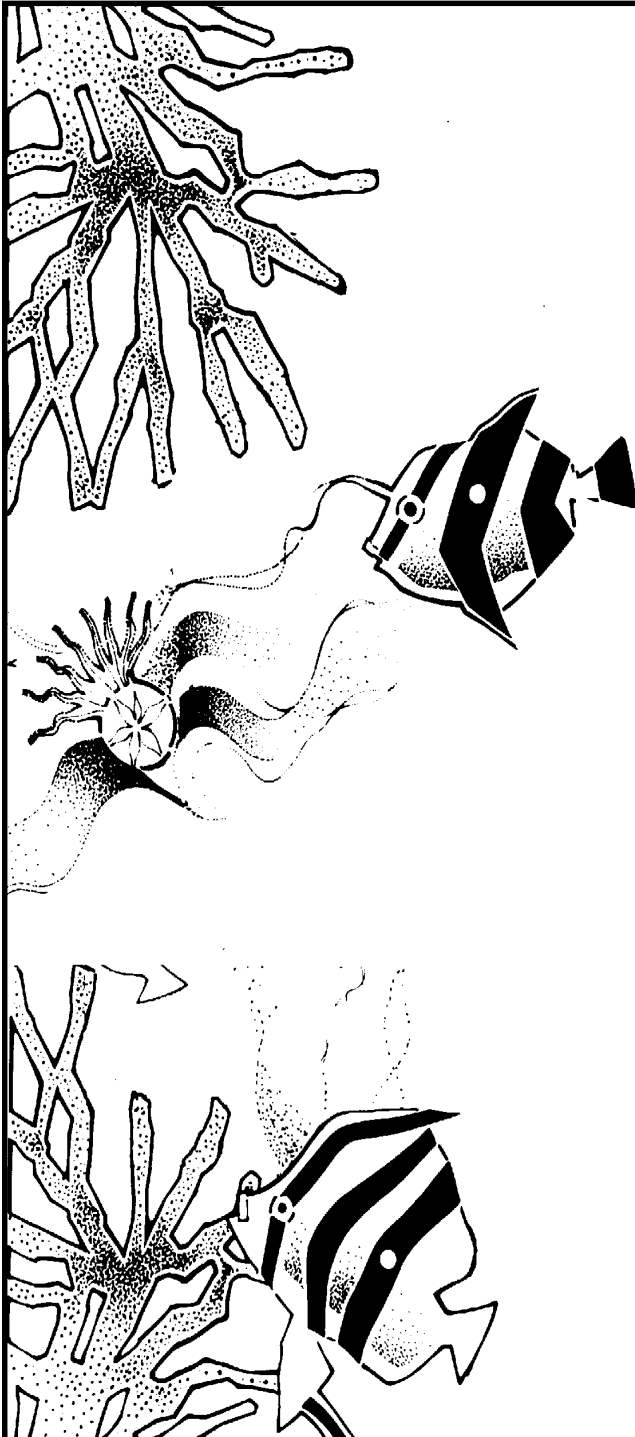
Diving various locations under a number of different conditions will not only enhance your experience as a skilled diver, but will also qualify you for your PADI Advanced Open Water Certification. Your certification card and picture are included in your course fees.

MATERIALS

The PADI Adventures in Diving Manual, which is included in your course fees, is a vital source of information for those interested in expanding their knowledge and enhancing their practical experiences. Your included log book is required throughout the course. All dives will be signed by your instructor as well as your dive buddy. No dive buddy? Don't worry! You will meet many new friends as you share in these exciting adventures and experiences.

EQUIPMENT

You may use your own personal equipment, or if you are still debating over which equipment you want, Sierra Diving Center has special student rental rates available for you at a reduced cost. Plus...your rental fees can be applied to the purchase of your own equipment!



RESCUE COURSE

Want to be the best Buddy you can be? Want to be prepared to prevent many common problems and even lend assistance to a fellow diver? Then get involved in Sierra Diving Center's Rescue Course.

This course is packed with experiences and information that will challenge, expand and further develop your diving skills. It focuses on **prevention** as well as diving rescue, accident management and . And along the way, you will increase your confidence in your own diving and be better able to assist others.

The concentrated format allows for more continuity and a higher retention rate of information. A close camaraderie develops within the group and widens your own dive buddy list!

This course is not specifically designed for would-be-divemaster or instructors (although this course is a prerequisite for them) but rather a course that has benefits for any diver that wants to dive. Upon completion there is a sense of pride and accomplishment that's hard to duplicate.

REVIEW SESSIONS

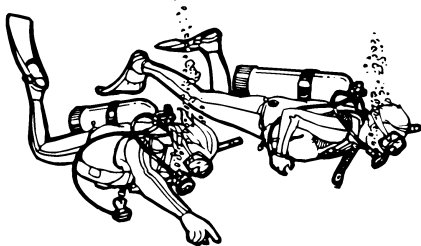
- **Introduction and course overview, Self-Rescue and Diver Stress
- **Diving First Aid, including the PADI Emergency First Response
- **Emergency management (readiness and accident management)
- **Equipment considerations (common problems and releases)
- **Review

POOL DIVES (OPTIONAL)

- **Allows you to practice problem prevention, in-water resuscitation, reaching assists, diver approaches and tows

OPEN WATER DIVES

- **Swimming and non-swimming assists, panicked-diver response and underwater problems (exertion and alternate-air-source ascents)
- **Missing-diver procedures and surfacing the unconscious diver
- **In-water artificial respiration and equipment removal during artificial respiration
- **In-water artificial respiration, egress and first-aid procedures for pressure-related accidents
- **Diving-accident scenarios



Emergency First Response

If someone you knew needed emergency medical care, would you know what to do? In as little as eight hours you can have the basics necessary to give aid in an emergency situation.

Emergency First Response is a course developed by PADI. This government approved course integrates CPR and AED with first aid training using the most up-to-date methods. This provides you with the latest techniques required for administering immediate and temporary care to someone in need.

Because emergencies are not restricted to just divers, neither is this course! Anyone with or without prior training or diving certification can participate.

Be the one who knows what to do. Take our next Emergency First Response Course!

DIVEMASTER COURSE

If you

- ... are serious about diving
- ... are anxious to learn new skills and expanded knowledge
- ... enjoy working with people
- ... are planning on becoming an instructor

Our Divemaster Course is for you!!!

As a Divemaster, you become a master of diving. From now on, you will not only participate in diving, you will **represent diving**.

There is a real sense of achievement when you receive your Divemaster Certification Packet from PADI Headquarters congratulating you on your accomplishment. There is also pride in knowing that you have earned it !!!

THE COURSE

The course is divided into three sections:

1. Knowledge Development
2. Pool Dives
3. Open Water dives and Internship.

The Classroom and Pool sessions are conducted over several weeks. By doing this, our students achieve a higher retention rate and more continuity in their learning. The open water sessions are conducted at your convenience, in conjunction with other dives or classes. This allows for the maximum in practical experience.

During our Divemaster course, you will learn how to:

- Assist with diver training
- Demonstrate the mastery of your diving skills
- Organize and conduct dives for certified divers
- Lead diving groups
- Manage people
- Shift focus from you to those around you

In addition to this valuable training, you will also receive a greater comradeship with other divers, a larger buddy list, membership in PADI and necessary skills and knowledge to attend an Instructor course.

INSTRUCTOR DEVELOPMENT COURSE

Did you know that you can enter into the exciting life of a PADI Instructor without making diving a full-time career? Or, can you imagine yourself working in the Caribbean or Hawaii as a Diving Instructor??

As a PADI Instructor, you'll be recognized as an important part of the world's largest, most progressive diver training organization. Just imagine how different your life would be if you were a PADI Instructor. Even if you do not make diving a full-time career, the communication and organizational skills you will learn as a certified PADI Instructor will help you in all areas that you pursue, be it personal or professional.

The PADI Instructor training course is presented in three phases. It begins with an On-line 9 segment E-learning pre-study. Phase 2 is the Assistant Instructor(AI) & Open Water Scuba Instructor Course(OWSI) which teaches you how to teach PADI Programs. These can be completed together or separately. Phase 3 is the Instructor Examination (IE) which is an evaluation process to qualify you as PADI Open Water SCUBA Instructor.

We believe there are several very important reasons why our IDC at Sierra Diving Center would benefit you. Under the close guidance of your course director you will experience the thrill of helping introduce the sport of diving to someone else. Because Sierra Diving Center is a 5 Star Instructor Development Center, we have the ability to conduct the course over a period of time convenient to you. This enables the course to be structured to fit your needs.

Additionally, we offer the Five-Day IDC which is approximately 70 hours long and is conducted over a period of five days or a few weekends. The Five-Day IDC is usually conducted immediately preceding a scheduled IE.

The IDC consists of 10 modules, covering topics from how to teach the PADI System to marketing and promoting yourself as a professional diving educator.

Topics included in the IDC are:

- PADI Programs review
- Lesson Planning and Delivery
- Pool Teaching: Techniques and Lesson Preparation
- Open Water Training Orientation & Open Water Problem Solving
- PADI Standards and Procedures

Act now to take the first step toward becoming a certified PADI Open Water Instructor and reap the rewards of an exciting and challenging profession. Call Sierra Diving Center to enroll in the next Instructor Development Course.



Why choose *Sierra Diving Center* for all your instruction and equipment needs?

- ◆ 42 years serving the Reno/Lake Tahoe area insures we'll be here when you need or want us!
- ◆ Largest, most professional staff of Certified Instructors, Instructor Trainers, Assistant Instructors and Divemasters in Nevada to meet your every instructional need!
- ◆ Largest selection of manufactures and suppliers to provide you with the best equipment, selection and value available!
- ◆ Award winning PADI 5 Star Dive Center (the only PADI Dive Center in Reno) insures you top quality instruction, sales, equipment service, rentals and pure air and Enriched Air (NITROX) refills!
- ◆ PADI 5 Star Instructor Development Center with 2 on-site Instructor Trainers insures an up-to-date Staff to provide you with the most current state-of-the-art instruction and greatest selection of classes to meet your every diving need!
- ◆ Scuba instruction conducted regularly in local mountain lakes and in the ocean around Monterey, CA to provide you with all the skills and experience needed to enjoy the best diving available locally!
- ◆ Largest, best maintained selection of rental equipment to help insure you get what you want, when you need it!
- ◆ Your annual equipment service performed by factory Certified Repair Technicians to insure you proper working equipment. These services usually performed in 1 - 2 days so you don't waste valuable dive time!

Sierra Diving Center 2010 Course Starting Dates

Executive Open Water Course

EX 1	Jan. 8	EX 7	July 9
EX 2	Feb. 19	EX 8	Aug. 6
EX 3	Mar. 12	EX 9	Sep. 10
EX 4	Apr. 23	EX 10	Oct. 8
EX 5	May 14	EX 11	Nov. 12
EX 6	June 11	EX 12	Dec. 3

Advanced Open Water Course

ADV 4	Apr. 14
ADV 6	June 23
ADV 7	July 21
ADV 8	Aug. 18
ADV 9	Sep. 22
ADV 11	Nov. 10

Rescue Diver Course

RES 5	May 5
RES 6	June 30
RES 7	July 28
RES 9	Sep. 29

Divemaster Course

DM 1	Jan. 4
DM 3	Mar. 8
DM 6	Jun. 7
DM 8	Aug. 2
DM 11	Nov. 8

Assistant Instructor Course

AI	On Request
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Instructor Course - IDC

IDC	On Request
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IDC Staff Instructor Course

IDCS	On Request
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Sierra Diving Center 2010 Course Fee Schedule

Executive Openwater Course R & P.....	\$ 250
Open Water Dives—Lake Tahoe.....	\$ 75
Open Water Dive— Monterey.....	\$ 200
Private Openwater Course	\$ 725
Adventure Course	\$ 135
Advanced Openwater Course	\$ 195
Adventure Dive.....	\$ 40
Rescue Diver Course	\$ 340
Rescue Diver Course w/o EFR	\$ 265
Divemaster.....	\$ 775
AI/Inst Prep online or in class.....	\$ 320
Assistant Instructor	\$ 550
OWSI.....	\$ 895
Instructor (IDC) Course.....	\$1395
CPR, First Aid, O2, AED	\$ 85
Scuba Review Course	\$ 85

Specialties

Altitude	\$125
Boat.....	\$ 95
Buoyancy	\$ 95
Deep.....	\$150
Digital U/W Photography	\$140
Drift	\$ 95
Dry Suit	\$125
Enriched Air (NITROX) wo/dives.....	\$145
Equipment.....	\$125
Gas Blender	\$195
Hunter	\$ 95
Ice	\$250
Multi Level	\$ 95
National Geographic.....	\$125
Night Diver	\$125
O2 First Aid	\$ 90
Rebreather-Dolphin	\$395
Rebreather—KISS Sport or Classic.....	\$1250
Search & Recovery	\$150
U/W Naturalist.....	\$ 95
U/W Navigator	\$125
U/W Photographer.....	\$ 95
U/W Videographer.....	\$ 95
Wreck	\$150

Class prices will be adjusted for previous PADI Courses taken or dives completed as verified per PADI Standards.